

BOARD OF COMMISSIONERS

JANICE VAN NESS, CHAIR & CEO
Tuwanya C. Smith, Commissioner Post I
Dr. Doreen Williams, Commissioner Post II



DEPARTMENT OF FINANCE

MICHELLE IRIZARRY, CFO
TELEPHONE: 770-278-7555
FACSIMILE: 770- 278-8910

Addendum No. 1

**RFP No. 24-08
FOOD SERVICES FOR ROCKDALE COUNTY JAIL**

January 7, 2025

RFP #24-08 is hereby amended as follows:

1. Below are questions received and corresponding answers:

A. Question: Can the county please provide how many members will make up the evaluation committee?

Answer: 3

B. Question: Page 8, “Piggybacking” – Will the county please give an example of this to ensure proposer understands the definition and potential expectations?

Answer: Rockdale County agrees for other governmental entities the opportunity to use our contract for these services without it being bid out. This is of course if the vendor agrees to it.

C. Question: Page 19, Recommended Minimum Staffing Requirements – Can the county reaffirm that inmates are NOT allowed to prepare inmates meals as cited on page 13, Section 4, Subsection B.?

Answer: They are not allowed to prepare meals.

D. Question: Does Rockdale County Jail currently utilize a Micro Market as provided by Aramark?

Answer: Yes.

E. Question: How many inmate labor are supplied per shift for the kitchen/inmate meals?

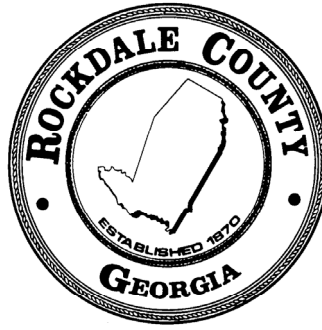
Answer: Numbers are approximate-4 in the morning, 5 in the afternoon.

F. Question: Is inmate labor used for staff meals prep?

Answer: No.

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G. Question: Does the county wish to include an investment with their request to bid?

Answer: Yes, as needed and agreed upon by Jail Commander.

H. Question: Will the County supply internet for the vendor?

Answer: Yes.

I. Question: Will the County supply the initial inventory of small and service wares?

Answer: Yes.

J. Question: Will the County require the vendor to replace small and service ware as needed?

Answer: No.

K. Question: Bond is mentioned in the RFP, will there be a Bond required?

- a. If so, how much?
- b. If so, what type of bond required?

Answer: Bonds are not required. However, Fidelity Bond coverage shall be provided. Coverage limits shall not be less than the amount scheduled in the contract.

L. Question: Please supply the average daily amounts used for:

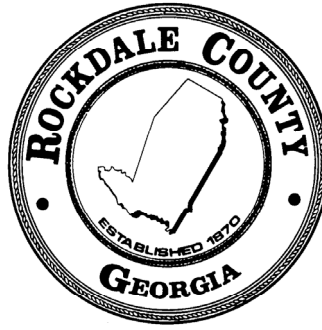
- a. Religious Meals
 - i. Common fare
 - ii. Pre-packed
- b. Medical Meals
- c. Pregnancy Meals
- d. Juvenile Meals
- e. Sack/Court Meals
- f. Double entrées for trustees
 - i. Which Meal are they served, Breakfast/Lunch/Dinner?
 - ii. How many total trustees are there in the entire jail?
 - iii. Are all trustees provided double entrees or just the kitchen trustees?
- g. Milk required?

Answer:

- a. Religious Meals
 - i. Common fare – 8
 - ii. Pre-packed – **Not provided**

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- b. Medical Meals – 38**
- c. Pregnancy Meals – 5**
- d. Juvenile Meals – Follow the same dietary guidelines**
- e. Sack/Court Meals – Sack meals are provided for all inmates at lunch**
- f. Double entrées for trustees – Double portions are no longer provided**
- g. Milk required? For some breakfast days we have milk. There are specific dates requiring milk.**

M. Question: Is coffee service to be provided 24/7 for staff or just during mealtimes?

Answer: Yes, coffee service is to be provided 24/7.

N. Question: What meals are the staff served?

Answer: The Contractor will include two options for staff meals upon mutual agreement with the Jail Commander. A combination of these options may be used. Option 1, seven days per week the Contractor will offer a short order staff menu for selection of at least five mutually agreed upon food items and include a beverage for each meal served. Option 2, the Contractor will provide a mutually agreed upon buffet style hot meal for staff daily. There are approximately one hundred and twenty (120) full time staff at the facility. Staff meals shall be charged at a different rate than inmate meals. Bidders shall indicate the type of service proposed for the staff.

O. Question: What times are staff meals served?

Answer: Breakfast 0300-0500 Lunch 1130-1330.

P. Question: Are staff meals served 24/7/365 or 5 days a week?

Answer: Staff meals are to be served 365 days.

Q. Question: Can you please supply a current menu of staff meals?

Answer: Attached.

R. Question: Can you please supply a current menu of the inmate meals?

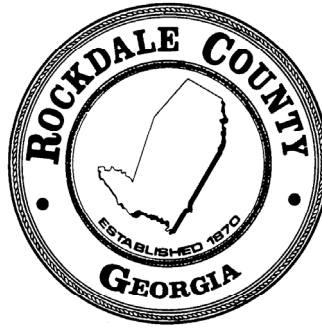
Answer: Attached.

S. Question: Are inmates allowed to prep meals with supervision?

Answer: No.

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T. Question: Can the county please clarify if the mealtimes provided are the times meals should be ready or the times meals begin being trayed up?

Answer: Begin being trayed.

U. Question: Can the county please define a Safety Meal?

Answer: Nutraloaf or other diet prescribed by Medical provider.

2. All other conditions remain in full force and effect.
3. If a proposal has been submitted and anything in this Addendum causes the contractor to change the item offered or to increase or decrease the proposal price, the new price and/or changes will be inserted below:

4. All contractors under this Request for Proposal are kindly requested to acknowledge receipt of this Addendum on the Proposal Form, page 21 of this RFP.

Tina Malone

Tina Malone, CPPB CPPO
Purchasing & Procurement Manager
Department of Finance, Purchasing Division

Rockdale County Jail Staff Dining Lunch

July 2024

| Wednesday | Thursday | Friday | Saturday | Sunday | Monday | Tuesday |
|--|---|--|--|--|--|--|
| 7/17/24 Pasta with Meatballs Marinara Sauce Roasted Vegetables Garlic toast Chocolate Cake | 7/18/24 Homestyle Meatloaf Garlic Mashed Potatoes Smoky Baked Beans Fresh Baked Cornbread Peach Cobbler | 7/19/24 <i>Fresh Fried Fish</i> <i>Hot French fries</i> <i>Tossed Salad</i> <i>Pound Cake</i> | 7/20/24 Chilly Cheese Dogs Potato Chips Peanut Butter Cookie (All Beef) | 7/21/24 BLT Sandwich Hot Fresh Fries Cole slaw Chocolate Chip Cookie | 7/22/24 Spaghetti with Meatballs Garlic Toast Seasoned Green Beans Iced Cake | 7/23/24 Chicken or Beef Tacos Soft Tortillas Steamed Yellow Rice Refried Beans Oatmeal Raisin Cookie |
| 7/24/24 Rib Sandwich with Smoky BBQ Sauce Macaroni & Cheese Creamy Coleslaw Iced Chocolate Cake | 7/25/24 Teriyaki Chicken Steamed white Rice Stir Fried Vegetables Chocolate Cake | 7/26/24 Fresh Fried Fish Hot French Fries Creamy Coleslaw Macadamia Cookies | 7/27/24 Chicken and Pasta In a garlic Cream SAUCE Vegetable Medley Chocolate Cake | 7/28/23 Hot Fresh Pizza Tossed Salad With Dressing Pound Cake | 7/29/23 Philly Cheese Steak Tater Tots Chocolate chip Cookie | 7/30/24 Seasoned beef Tacos W/ Sour cream & salsa Corn with Peppers and onions Peach Cobbler |

HOT OFF THE GRILL

AVAILABLE EVERYDAY

- Angus Cheeseburger
- All Beef Hot Dog
- Grilled Chicken Sandwich

MON-THURS 11:00 - 1:00PM

FRI-SUN 11AM-1:00PM

Rockdale County Jail Staff Dining Lunch

July 2024

| Wednesday | Thursday | Friday | Saturday | Sunday | Monday | Tuesday |
|--|---|---|--|---|---|---|
| 6/26/24 Gyros French Fries Chocolate Cake | 6/27/24 Fried Pork Chop Seasoned Cabbage Mac & Cheese Hot Corn Bread Chocolate Cookie | 6/28/24 Fried Fish Sandwich Hot fries Chocolate Cake | 6/29/24 All Beef Hot Dog Hot French Fries Creamy Cole slaw Peach Cobbler | 6/30/24 Philly Cheese Steak Sandwich Hot fresh Tater Tots Chocolate Chip Cookie | 7/1/24 Fried Chicken Vegetable Fried Rice Green Beans Pound Cake | 7/2/24 Chili Con Carne Baked Potato Seasoned green Beans Sugar Cookies |
| 7/3/24 Savory Baked Chicken Shrimp Fried Rice Mixed Vegetables Iced Vanilla Cake | 7/4/24 Homestyle Meatloaf Smashed Potatoes with Homestyle Gravy Vegetable Medley Peach Cobber | 7/5/24 Fried Fish Fresh Hot Fries Peach Cobbler | 7/6/24 Personal Pizza Pasta Salad Macadamia Cookies | 7/7/24 Fried Chicken Mashed Potatoes with Homestyle Gravy Vegetable Medley Chocolate Cake | 7/8/24 Baked Ziti Garlic Toast Grilled Zucchini Squash Frosted Cake | 7/9/24 Seasoned Beef Nachos with Sour Cream and Salsa Corn with Peppers and Onions Peach Cobbler |

HOT OFF THE GRILL

AVAILABLE EVERYDAY

Angus Cheeseburger
 All Beef Hot Dog
 Tossed Salad
 Grilled Chicken
 Grilled Chicken Sandwich

MON-THURS 11:00AM 1:00PM

FRI-SUN 11AM-1:00PM

Rockdale County Jail Staff Dining Lunch

Dec-Jan 2025

| Wednesday | Thursday | Friday | Saturday | Sunday | Monday | Tuesday |
|--|--|---|--|--|--|--|
| 12/25/24 BBQ Chicken Baked Beans Macaroni & Cheese Creamy Coleslaw Iced Chocolate Ce | 12/26/24 Meatball Sub Hot French Fries Seasoned Steamed Broccoli Peanut Butter Cookies | 12/27/24 Fried Fish Hot fries Chocolate Cake | 12/28/24 All Beef Hot Dog Hot French Fries Creamy Cole slaw Peach Cobbler | 12/29/24 Philly Cheese Steak Sandwich Hot fresh Tater Tots Chocolate Chip Cookie | 12/30/24 Fried Chicken Vegetable Fried Rice Green Beans Pound Cake | 12/31/24 Chili Con Carne Baked Potato Seasoned green Beans Sugar Cookies |
| 1/1/25 Savory Baked Chicken Shrimp Fried Rice Mixed Vegetables Iced Vanilla Cake | 1/2/25 Homestyle Meatloaf Smashed Potatoes with Homestyle Gravy Vegetable Medley Peach Cobber | 1/3/25 Fried Fish Fresh Hot Fries Peach Cobbler | 1/4/25 Personal Pizza Pasta Salad Macadamia Cookies | 1/5/25 Fried Chicken Mashed Potatoes with Homestyle Gravy Vegetable Medley Chocolate Cake | 1/6/25 Hearty Lasagna Garlic Toast Grilled Zucchini Squash Frosted Cake | 1/7/25 Seasoned Beef Nachos with Sour Cream and Salsa Corn with Peppers and Onions Peach Cobbler |

HOT OFF THE GRILL

AVAILABLE EVERYDAY

Angus Cheeseburger
All Beef Hot Dog
Grilled Chicken Sandwich

MON-THURS 11:00AM 1:00PM

FRI-SUN 11AM-1:00PM

Proposed 5/17
 Implemented: 5/17
 Revised: 7/18

Rockdale County, GA
 Cycle average 2900 calories per day



Week: 1

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

| Meal Name: Breakfast | | | | | | | | | | | |
|---------------------------------------|-----------|---------------------------------------|-----------|---------------------------------------|-----------|---------------------------------------|-----------|---------------------------------------|-----------|---------------------------------------|-----------|
| Creamy Sweetened Farina* | 1 1/4 cup | Creamy Sweetened Whole Grain Oatmeal* | 1 1/4 cup | Corn Grits | 1 1/4 cup | Creamy Sweetened Farina* | 1 1/4 cup | Creamy Sweetened Whole Grain Oatmeal* | 1 1/4 cup | Corn Grits | 1 1/4 cup |
| Scrambled Eggs w/ Onions & Peppers | 3 ozw | Baked Pancakes (2@ 1/80 cup) | 1/30 cut | Breakfast Gravy (1 oz Soy)* | 8 ozw | Scrambled Eggs | 3 ozw | French Toast Bake | 1/30 cut | Breakfast Gravy (1 oz Soy)* | 8 ozw |
| Cajun Potatoes | 1 cup | Syrup | 2 fl oz | Hash Brown Potatoes | 1 cup | Salsa | 1 fl oz | Syrup | 2 fl oz | Collage Fries | 1 cup |
| Bakery Biscuit (1/80 2@) | 1/40 cut | Whipped Margarine | 1/3 ozw | Bakery Biscuit (1/80 2@) | 1/40 cut | O'Brien Potatoes | 1 cup | Whipped Margarine | 1/3 ozw | Bakery Biscuit (1/80 2@) | 1/40 cut |
| Jelly | 1/2 fl oz | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | Flour Tortilla (8") | 2 each | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet |
| Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | | | | | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | | | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet |

| Meal Name: Lunch | | | | | | | | | | | | | |
|--|-----------|--|-----------|--|-----------|--|-----------|--|-----------|--|-----------|--|-----------|
| T. Bologna | 1 ozw | T. Ham | 1 ozw | T. Salami | 1 ozw | Turkey | 1 ozw | T. Bologna | 1 ozw | T. Ham | 1 ozw | T. Salami | 1 ozw |
| Cheese | 1/2 ozw | Cheese | 1/2 ozw | Cheese | 1/2 ozw | Cheese | 1/2 ozw | Cheese | 1 ozw | Cheese | 1 ozw | Cheese | 1 ozw |
| Peanut Butter | 2 ozw | Peanut Butter | 2 ozw | Peanut Butter | 2 ozw | Peanut Butter | 1/2 ozw | Peanut Butter | 1/2 ozw | Peanut Butter | 1/2 ozw | Peanut Butter | 1/2 ozw |
| Jelly | 1/2 fl oz | Jelly | 1/2 fl oz | Jelly | 1/2 fl oz | Jelly | 2 ozw | Jelly | 2 ozw | Jelly | 2 ozw | Jelly | 2 ozw |
| Enriched Bread | 4 slice | Enriched Bread | 4 slice | Enriched Bread | 4 slice | Enriched Bread | 1/2 fl oz | Enriched Bread | 1/2 fl oz | Enriched Bread | 1/2 fl oz | Enriched Bread | 1/2 fl oz |
| Mustard | 1 packet | Mustard | 1 packet | Mustard | 1 packet | Mustard | 4 slice | Mustard | 4 slice | Mustard | 4 slice | Mustard | 4 slice |
| Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) | 1 packet | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) | 1 packet | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) | 2 ozw |
| Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 2 ozw | Fruit Drink w/ Vitamin C | 2 ozw | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet |

| Meal Name: Dinner | | | | | | | | | | | | | |
|----------------------------------|-----------|-----------------------------------|-----------|-------------------------------|----------|---|----------|--|----------|---------------------------------|----------|----------------------------|----------|
| Sloppy Rice Casserole (2 oz soy) | 10 ozw | Crispy Chicken Patty (3 ozw each) | 1 patty | Sloppy Joe Filling (2 oz soy) | 4 ozw | Roast & Italian Tomato Sauce (2 oz soy) | 10 ozw | Home-Style Scalloped Potatoes (2 oz soy) | 10 ozw | Tox-Mex Taco Filling (2 oz soy) | 4 ozw | Country Patty (3 ozw each) | 1 patty |
| Phito Beans | 1 cup | Mayo-Type Dressing | 1/3 fl oz | Hamburger Bun | 1 each | Kettle Blend Mixed Vegetables | 1/2 cup | Peas & Carrots | 1/2 cup | Rice | 1 cup | Gravy LS | 2 fl oz |
| Garden Salad | 1 cup | Enriched Bread | 2 slice | Rice | 1 cup | Garden Salad | 1/2 cup | Creamy Cabbage LF | 1 cup | Phito Beans | 1 cup | Mashed Potatoes | 1 cup |
| Salad Dressing LF | 1/2 fl oz | Garden Salad | 1 cup | Pinto Beans | 1 cup | Salad Dressing LF | 1 cup | Southern Cornbread | 1/2 cup | Shredded Lettuce | 1 cup | Irish Blend Vegetables | 1/2 cup |
| Southern Cornbread | 1/80 cut | Salad Dressing LF | 1/2 fl oz | Carrots | 1/2 cup | Garfo Bread | 2 slice | Whipped Margarine | 1/30 cut | Flour Tortilla (8") | 1 cup | Bread Dressing | 3/4 cup |
| Whipped Margarine | 1/2 ozw | Collage Fries | 1 cup | Fruity Oatmeal Bar | 1/80 cut | Frosted Cake | 1/80 cut | Fudge Brownie | 1/2 ozw | Salsa | 2 each | Fruity Oatmeal Bar | 1/80 cut |
| Fudge Brownie | 1/80 cut | Kettle Blend Mixed Vegetables | 1/2 cup | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1/80 cut | Frosted Cake | 1 fl oz | Fruit Drink w/ Vitamin C | 1 packet |
| Fruit Drink w/ Vitamin C | 1 packet | Frosted Cake | 1/80 cut | | | | | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1/80 cut | | |

All entree portions purchased fully cooked, within manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All casseroles and combination dishes are made with soy unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used.
 *This item contains 125 mg calcium.
 Fruit/Juice was removed from menu due to contract/security requirements.

NUTRITION STATEMENT: This menu meets the nutritional guidelines of the American Correctional Association which are based upon the current DRPs for males and females 19 to 50 years as established by the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences. Adequate levels of protein, vitamin A, vitamin C, calcium, and iron are included.

FLM QUARTERLY MENU REVIEW (initial/date) Q1 Q2 Q3 Q4
 In accordance with ACA Standard (ref. 4-ALDF-4A-07) (MANDATORY) Menu evaluations are conducted at least quarterly by food service supervisory staff to verify adherence to the established daily servings.

Reviewed 1/22 Aramark Dietitian's Signature: Client's Signature: Date: 1/31/2024 FLM Signature: _____ Date: _____

Week: 2

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | | SUNDAY | |
|---------------------------------------|-----------|---------------------------------------|-----------|--|-----------|--|-----------|---------------------------|-----------|--|-----------|---------------------------------------|-----------|
| Meal Name: Breakfast | | | | | | | | | | | | | |
| Creamy Sweetened Farina * | 1 1/4 cup | Corn Grits | 1 1/4 cup | Creamy Sweetened Whole Grain Oatmeal * | 1 1/4 cup | Creamy Sweetened Whole Grain Oatmeal * | 1 1/4 cup | Creamy Sweetened Farina * | 1 1/4 cup | Creamy Sweetened Whole Grain Oatmeal * | 1 1/4 cup | Corn Grits | 1 1/4 cup |
| Baked Pancakes (2@ 1/60 cut) | 1/30 cut | Breakfast Gravy (1 oz Soy)* | 8 ozw | Breakfast Sausage (1 ozw each) | 1 patty | French Toast Bake | 1/30 cut | Scrambled Eggs | 3 ozw | Breakfast Sausage (1 ozw each) | 1 patty | Breakfast Gravy (1 oz Soy)* | 8 ozw |
| Syrup | 2 fl oz | Lyonnaise Potatoes | 1 cup | Hash Brown Potatoes | 1 cup | Syrup | 2 fl oz | O'Brien Potatoes | 1 cup | Hash Brown Potatoes | 1 cup | Collage Fries | 8 ozw |
| Whipped Margarine | 1/30 cut | Bakery Biscuit (1/80 2@) | 1/40 cut | Bakery Muffin | 1/80 cut | Whipped Margarine | 1/30 cut | Strawberry Coffeecake | 1/30 cut | Bakery Biscuit (1/80 2@) | 1/40 cut | Bakery Biscuit (1/80 2@) | 1/40 cut |
| Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | Whipped Margarine | 1/30 cut | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | Whipped Margarine | 1/30 cut | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet | Fruit Drink w/ B12, C, D, E & Calcium | 1 packet |

| Meal Name: Lunch | | | | | | | | | | | | | |
|--|-----------|--|-----------|--|-----------|--|-----------|--|-----------|--|-----------|--|-----------|
| T. Bologna | 1 ozw | T. Ham | 1 ozw | T. Salami | 1 ozw | Turkey | 1 ozw | T. Bologna | 1 ozw | T. Ham | 1 ozw | T. Salami | 1 ozw |
| Cheese | 1/2 ozw | Cheese | 1/2 ozw | Cheese | 1/2 ozw | Cheese | 1/2 ozw | Cheese | 1/2 ozw | Cheese | 1/2 ozw | Cheese | 1/2 ozw |
| Peanut Butter | 2 ozw | Peanut Butter | 2 ozw | Peanut Butter | 2 ozw | Peanut Butter | 2 ozw | Peanut Butter | 2 ozw | Peanut Butter | 2 ozw | Peanut Butter | 2 ozw |
| Jelly | 1/2 fl oz | Jelly | 1/2 fl oz | Jelly | 1/2 fl oz | Jelly | 1/2 fl oz | Jelly | 2 ozw | Jelly | 2 ozw | Jelly | 2 ozw |
| Enriched Bread | 4 slice | Enriched Bread | 4 slice | Enriched Bread | 4 slice | Enriched Bread | 4 slice | Enriched Bread | 1/2 fl oz | Enriched Bread | 1/2 fl oz | Enriched Bread | 1/2 fl oz |
| Mustard | 1 packet | Mustard | 1 packet | Mustard | 1 packet | Mustard | 1 packet | Mustard | 4 slice | Mustard | 4 slice | Mustard | 4 slice |
| Fresh Baked Cookie (2 oz) or Sandwich Cookies (3 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (3 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (3 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (3 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (3 each) | 1 packet | Fresh Baked Cookie (2 oz) or Sandwich Cookies (3 each) | 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (3 each) | 2 ozw |
| Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet |

| Meal Name: Dinner | | | | | | | | | | | | | |
|-----------------------------|----------|---------------------------|-----------|---------------------------|-----------|---|----------|---|-----------|----------------------------------|----------|---------------------------------|-----------|
| Baked Meatloaf (3 ozw each) | 1 patty | T. Hot Dogs (1.5 oz each) | 2 each | Farmhouse Stew (2 oz soy) | 10 ozw | Chili w/ Beans (2 oz soy & 1/2 n Beans) | 10 ozw | Spaghetti & Italian Tomato Sauce (2 oz soy) | 10 ozw | Sassy Chicken Patty (3 ozw each) | 1 patty | Spicy Rice-Casserole (2 oz soy) | 10 ozw |
| Gravy LS | 2 fl oz | Mustard | 1/3 fl oz | Green Beans | 1/2 cup | Noodles | 1 cup | Kettle Blend Mixed Vegetables | 1/2 cup | Pinto Beans | 1 cup | Carrots | 1/2 cup |
| Lyonnaise Potatoes | 1 cup | Enriched Bread | 2 slice | Garden Salad | 1 cup | Creamy Colelaw LF | 1 cup | Garden Salad | 1/2 cup | Cabbage | 1 cup | Garden Salad | 1/2 cup |
| Cabbage w/ Tomatoes | 1 cup | Baked Beans | 1 cup | Sauce Dressing LF | 1/2 fl oz | Southern Cornbread | 1/30 cut | Sauce Dressing LF | 1 cup | Enriched Bread | 1 cup | Sauce Dressing LF | 1 cup |
| Enriched Bread | 2 slice | Creamy Colelaw LF | 1 cup | Southern Cornbread | 1/30 cut | Whipped Margarine | 1/2 ozw | Garlic Bread | 1/2 fl oz | Whipped Margarine | 2 slice | Southern Cornbread | 1/2 fl oz |
| Whipped Margarine | 1/2 ozw | Carrots | 1/2 cup | Whipped Margarine | 1/2 ozw | Fudge Brownie | 1/60 cut | Frosted Cake | 2 slice | Blueberry & Whole Grain Oat Bar | 1/60 cut | Whipped Margarine | 1/60 cut |
| Frosted Cake | 1/60 cut | Apple Spice Bar | 1/60 cut | Frosted Cake | 1/60 cut | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Frosted Cake | 1/2 ozw |
| Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | | | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1 packet | Fruit Drink w/ Vitamin C | 1/60 cut |

All entree portions purchased fully cooked, within manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All casseroles and combination dishes are made with soy unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used. *This item contains 125 mg calcium. Fruit/Juice was removed from menu due to contract/security requirements.

NUTRITION STATEMENT: This menu meets the nutritional guidelines of the American Correctional Association which are based upon the current DRIs for males and females 19 to 50 years as established by the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences. Adequate levels of protein, vitamin A, vitamin C, calcium, and iron are included.

FLM QUARTERLY MENU REVIEW (Initial/data) Q1 Q2 Q3 Q4
In accordance with ACA Standard (ref. 4-ALDF-4A-07) (MANDATORY) Menu evaluations are conducted at least quarterly by food service supervisory staff to verify adherence to the established daily servings.

Reviewed 1/22 Aramark Dietitian's Signature: Client's Signature: Date: 1/31/2022 FLM Signature: _____ Date: _____



Week: **3**
MONDAY
 Meal Name: **Breakfast**

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

| | | | | | | | |
|---|--|--|--|---|---|--|---|
| Creamy Sweetened Whole Grain Oatmeal* 1 1/4 cup | Creamy Sweetened Farina* 1 1/4 cup | Corn Grits 1 1/4 cup | Creamy Sweetened Farina* 1 1/4 cup | Creamy Sweetened Whole Grain Oatmeal* 1 1/4 cup | Creamy Sweetened Whole Grain Oatmeal* 1 1/4 cup | Corn Grits 1 1/4 cup | Creamy Sweetened Whole Grain Oatmeal* 1 1/4 cup |
| Baked Pancakes (2 @ 1/80 cut) 1/30 cut | Scrambled Eggs w/ Onions & Peppers 3 ozw | Breakfast Gravy (1 oz Soy)* 8 ozw | French Toast Bake 1/30 cut | Scrambled Eggs 3 ozw | Scrambled Eggs 3 ozw | Breakfast Gravy (1 oz Soy)* 8 ozw | Scrambled Eggs 3 ozw |
| Syrup 2 fl oz | Cajun Potatoes 1 cup | Hash Brown Potatoes 1 cup | Syrup 2 fl oz | Salsa 1 fl oz | Salsa 1 fl oz | Collage Fries 1 cup | Cajun Potatoes 1 cup |
| Whipped Margarine 1/3 ozw | Bakery Biscuit (1/80 2@) 1/40 cut | Bakery Biscuit (1/80 2@) 1/40 cut | Whipped Margarine 1/3 ozw | O'Brien Potatoes 1 cup | O'Brien Potatoes 1 cup | Bakery Biscuit (1/80 2@) 1/40 cut | Streusel Coffencake 1 cup |
| Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Whipped Margarine 1/3 ozw | Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Flour Tortilla (6") 2 each | Flour Tortilla (6") 2 each | Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Whipped Margarine 1/3 ozw |
| | Fruit Drink w/ B12, C, D, E & Calcium 1 packet | | | Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Fruit Drink w/ B12, C, D, E & Calcium 1 packet | | Fruit Drink w/ B12, C, D, E & Calcium 1 packet |

Meal Name: **Lunch**

| | | | | | | |
|--|--|--|--|--|--|--|
| T. Bologna 1 ozw | T. Ham 1 ozw | T. Salmi 1 ozw | Turkey 1 ozw | T. Bologna 1 ozw | T. Ham 1 ozw | T. Salmi 1 ozw |
| Cheese 1/2 ozw | Cheese 1/2 ozw | Cheese 1/2 ozw | Cheese 1/2 ozw | Cheese 1/2 ozw | Cheese 1/2 ozw | Cheese 1/2 ozw |
| Peanut Butter 2 ozw | Peanut Butter 2 ozw | Peanut Butter 2 ozw | Peanut Butter 2 ozw | Peanut Butter 2 ozw | Peanut Butter 2 ozw | Peanut Butter 2 ozw |
| Jelly 1/2 fl oz | Jelly 1/2 fl oz | Jelly 1/2 fl oz | Jelly 1/2 fl oz | Jelly 1/2 fl oz | Jelly 1/2 fl oz | Jelly 1/2 fl oz |
| Enriched Bread 4 slice | Enriched Bread 4 slice | Enriched Bread 4 slice | Enriched Bread 1/2 fl oz | Enriched Bread 1/2 fl oz | Enriched Bread 1/2 fl oz | Enriched Bread 1/2 fl oz |
| Mustard 1 packet | Mustard 1 packet | Mustard 1 packet | Mustard 4 slice | Mustard 1 packet | Mustard 4 slice | Mustard 1 packet |
| Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw | Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw |
| Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet |

Meal Name: **Dinner**

| | | | | | | |
|-----------------------------------|--|--------------------------------------|------------------------------------|-----------------------------------|------------------------------------|-----------------------------------|
| T. Hot Dogs (1.5 oz each) 2 each | Rollini & Italian Tomato Sauce (2 oz soy) 10 ozw | Sloppy Joe Filling (2 oz soy) 4 ozw | Asian Fried Rice (2 oz soy) 10 ozw | Charbroiled Patty (3 ozw) 1 patty | American Goulash (2 oz soy) 10 ozw | Mentholis (1/2 oz each) 4 each |
| Mustard 1/3 fl oz | Kettle Blend Mixed Vegetable 1/2 cup | Hamburger Bun 1 each | Carrots 1/2 cup | Onion LS 2 fl oz | Pinto Beans 1 cup | Italian Tomato Sauce 4 fl oz |
| Enriched Bread 2 slice | Garden Salad 1 cup | Baked Beans 1 cup | Garden Salad 1/2 cup | Mashed Potatoes 1 cup | Garden Salad 1 cup | Noodles 4 fl oz |
| Pinto Beans 1 cup | Salad Dressing LF 1/2 fl oz | Corn 1/2 cup | Salad Dressing LF 1 cup | Broccoli 1 cup | Salad Dressing LF 1 cup | Green Beans 1 cup |
| Creamy Coleslaw LF 1 cup | Garlic Bread 2 slice | Vinaigrette/Carika Coleslaw LF 1 cup | Southern Cornbread 1/2 fl oz | Enriched Bread 1/2 cup | Southern Cornbread 1/2 fl oz | Carrot Coleslaw LF 1/2 cup |
| Fudge Brownie 1/80 cut | Frosted Cake 1/80 cut | Lemon Square 1/80 cut | Whipped Margarine 1/2 ozw | Whipped Margarine 2 slice | Whipped Margarine 1/80 cut | Garlic Bread 1 cup |
| Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fudge Brownie 1/2 ozw | Frosted Cake 1/2 ozw | Frosted Cake 1/2 ozw | Fruity Cinnamon Bar 2 slice |
| | | | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet | Fruit Drink w/ Vitamin C 1 packet |

All entree portions purchased fully cooked, with manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All casseroles and combination dishes are made with soy unless otherwise indicated. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used. *This item contains 125 mg calcium. Fruit/Juice was removed from menu due to contract/security requirements.

NUTRITION STATEMENT: This menu meets the nutritional guidelines of the American Correctional Association which are based upon the current DRI's for males and females 19 to 50 years as established by the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences. Adequate levels of protein, vitamin A, vitamin C, calcium, and iron are included.

FLM QUARTERLY MENU REVIEW (Initial/date) Q1 _____ Q2 _____ Q3 _____ Q4 _____
 In accordance with ACA Standard (ref. 4-ALDF-4A-07) (MANDATORY) Menu evaluations are conducted at least quarterly by food service supervisory staff to verify adherence to the established daily servings.

Reviewed 1/22 Aramark Dietitian's Signature: [Signature] Client's Signature: [Signature] Date: 1/31/2022 FLM Signature: _____ Date: _____

Proposed 6/17
 Implemented: 6/17
 Revised: 7/18

Rockdale County, GA
 Cycle average 2900 calories per day



Week: 4

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|---|---|--|---|---|
| Meal Name: Breakfast | | | | | | |
| Creamy Sweetened Farina* 1 1/4 cup Baked Pancakes (2 @ 1/80 cut) 1/80 cut Syrup 2 fl oz Whipped Margarine 1/3 oz w/ B12, C, D, E & Calcium 1 packet | Corn Grits 1 1/4 cup Breakfast Gravy (1 oz Soy)* 8 ozw Lyonnaisse Potatoes 1 cup Bakery Biscuit (1/80 2@) 1/80 cut Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Creamy Sweetened Whole Grain Oatmeal* 1 1/4 cup Breakfast Sausage (1 ozw each) 1 patty Hash Brown Potatoes 1 cup Bakery Muffin 1/80 cut Whipped Margarine 1/3 ozw Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Creamy Sweetened Whole Grain Oatmeal* 1 1/4 cup Scrambled Eggs 3 ozw O'Brien Potatoes 1 cup Strosol Coffeecake 1/80 cut Whipped Margarine 1/3 ozw Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Creamy Sweetened Farina* 1 1/4 cup French Toast Bake 1/30 cut Syrup 2 fl oz Whipped Margarine 1/3 ozw Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Creamy Sweetened Whole Grain Oatmeal* 1 1/4 cup Breakfast Sausage (1 ozw each) 1 patty Hash Brown Potatoes 1 cup Bakery Biscuit (1/80 2@) 1/80 cut Whipped Margarine 1/40 cut Fruit Drink w/ B12, C, D, E & Calcium 1 packet | Corn Grits 1 1/4 cup Breakfast Gravy (1 oz Soy)* 8 ozw Collaga P'tos 1 cup Bakery Biscuit (1/80 2@) 1/80 cut Fruit Drink w/ B12, C, D, E & Calcium 1 packet |

| Meal Name: Lunch | | | | | | |
|---|---|--|---|---|---|---|
| T. Bologna 1 ozw Cheese 1/2 ozw Peanut Butter 2 ozw Jelly 1/2 fl oz Enriched Bread 4 slice Mustard 1 packet Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw Fruit Drink w/ Vitamin C 1 packet | T. Ham 1 ozw Cheese 1/2 ozw Peanut Butter 2 ozw Jelly 1/2 fl oz Enriched Bread 1/2 fl oz Mustard 1 packet Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw Fruit Drink w/ Vitamin C 1 packet | T. Salami 1 ozw Cheese 1/2 ozw Peanut Butter 2 ozw Jelly 1/2 fl oz Enriched Bread 4 slice Mustard 1 packet Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw Fruit Drink w/ Vitamin C 1 packet | Turkey 1 ozw Cheese 1/2 ozw Peanut Butter 2 ozw Jelly 1/2 fl oz Enriched Bread 4 slice Mustard 1 packet Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw Fruit Drink w/ Vitamin C 1 packet | T. Bologna 1 ozw Cheese 1/2 ozw Peanut Butter 2 ozw Jelly 1/2 fl oz Enriched Bread 1/2 fl oz Mustard 1 packet Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw Fruit Drink w/ Vitamin C 1 packet | T. Ham 1 ozw Cheese 1/2 ozw Peanut Butter 2 ozw Jelly 1/2 fl oz Enriched Bread 1/2 fl oz Mustard 1 packet Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw Fruit Drink w/ Vitamin C 1 packet | T. Salami 1 ozw Cheese 1/2 ozw Peanut Butter 1/2 ozw Jelly 2 ozw Enriched Bread 1/2 fl oz Mustard 4 slice Fresh Baked Cookie (2 oz) or Sandwich Cookies (5 each) 2 ozw Fruit Drink w/ Vitamin C 1 packet |

| Meal Name: Dinner | | | | | | |
|--|--|---|---|--|--|--|
| Au Gratin Potatoes (2 oz soy / 1 c veg) 10 ozw Green Beans 1/2 cup Garden Salad 1 cup Salad Dressing LF 1/2 fl oz Southern Cornbread 1/80 cut Whipped Margarine 1/2 ozw Fudge Brownie 1/80 cut Frosted Cake 1/80 cut Fruit Drink w/ Vitamin C 1 packet | Chili w/ Beans (2 oz soy & 1/2 c Beans) 10 ozw Rice 1 cup Kettle Blend Mixed Vegetables 1/2 cup Southern Cornbread 1/80 cut Whipped Margarine 1/2 ozw Fudge Brownie 1/80 cut Fruit Drink w/ Vitamin C 1 packet | Country Patty (3 ozw each) 1 patty Gravy LS 2 fl oz Mashed Potatoes 1 cup Cabbage 1 cup Enriched Bread 2 slice Whipped Margarine 1/2 ozw Frosted Cake 1/80 cut Fruit Drink w/ Vitamin C 1 packet | Spaghetti & Italian Tomato Sauce (2 oz soy) 10 ozw Peas & Carrots 1/2 cup Garden Salad 1 cup Salad Dressing LF 1/2 fl oz Garden Salad 1 cup Frosted Cake 1/80 cut Fruit Drink w/ Vitamin C 1 packet | Crispy Chicken Patty (3 ozw each) 1 patty Pinto Beans 1 cup Carrot Colelaw LF 1 cup Kettle Blend Mixed Vegetables 1 cup Enriched Bread 1/2 cup Southern Cornbread 1/2 fl oz Whipped Margarine 2 slice Lemon Squares 1/80 cut Fruit Drink w/ Vitamin C 1 packet | Peppery Picadillo (2 oz soy) 10 ozw Pinto Beans 1 cup Garden Salad 1 cup Salad Dressing LF 1/2 fl oz Southern Cornbread 1/80 cut Whipped Margarine 1/2 ozw Blueberry & Whole Grain Oat Bar 1/80 cut Fruit Drink w/ Vitamin C 1 packet | Baked Meatloaf (3 ozw each) 1 patty Gravy LS 2 fl oz Mashed Potatoes 1 cup Carrots 1/2 cup Enriched Bread 1/2 cup Whipped Margarine 2 slice Frosted Cake 1/80 cut Fruit Drink w/ Vitamin C 1 packet |

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 *This item contains 125 mg calcium.
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Reviewed 1/22 Armark Dietitian's Signature: Client's Signature: Date: 1/31/2022 FLM Signature: _____ Date: _____